



Whole School Curriculum Map

PHYSICAL EDUCATION

CYCLE A	CYCLE B	<u>Autumn</u>		<u>Spring</u>		<u>Summer</u>	
EYFS (A)		Fundamental Skills Key Skills Covered: Running, Jumping, Agility	Dance Key Skills Covered: Agility, Balance, Dance & Culture	Gymnastics Key Skills Covered: Throwing, Catching, Agility	Gymnastics Key Skills Covered: Travelling, Jumping, Rolling, Balancing	Fundamental Skills Key Skills Covered: Running, Jumping, Throwing, Catching, Agility	Athletics Key Skills Covered: Running, Jumping, Throwing, Agility
EYFS (B)		Fundamental Skills Key Skills Covered: Running, jumping, agility	Dance Key Skills Covered: Agility, Balance, Dance & Culture	Dance Key Skills Covered: Agility, Balance, Dance & Culture	Gymnastics Key Skills Covered: Travelling, jumping, rolling, balancing	Athletics Key Skills Covered: Running, Jumping, Throwing, Agility	Fundamental Skills Key Skills Covered: Running, jumping, throwing, catching, agility
Y1/2 (A) (Following Year 2 lesson plans)		Fundamental Skills Key Skills Covered: Jumping, Running, Throwing, Agility	Dance Key Skills Covered: Timing, Create themed actions, Fluency	Gymnastics Key Skills Covered: Travelling, Jumping, Balancing, Rolling	Health and Fitness Key Skills Covered: Movement, Speed, Agility, Balance, Developing resilience, Links to science curriculum	Games Key Skills Covered: Throwing, Catching, Kicking, Striking, 'Personal Best' challenges, Developing attacking vs defending principles through Team Games.	Athletics Key Skills Covered: Jumping, Running, Throwing, Agility
Y1/2 (B) (Following Year 1 lesson plans)		Fundamental Skills Key Skills Covered: Jumping, Running, Throwing, Agility	Dance Key Skills Covered: Timing, Create themed actions, Fluency	Gymnastics Key Skills Covered: Travelling, Jumping, Balancing, Rolling	Games Key Skills Covered: Jumping, Running, Throwing, Agility, Catching, Kicking, Striking	Athletics Key Skills Covered: Jumping, Running, Throwing, Agility	Games Key Skills Covered: Application of skills covered – 'Personal Best' challenges, Team Games.
Y3/4 (A) (Following Year 4 lesson plans)		Keeping Possession – Basketball Key Skills Covered: Agility, Coordination, Passing, Positioning, Further development of basic attacking and defending tactics	Gymnastics Key Skills Covered: Travelling, Jumping, Balancing, Rolling	Dance Key Skills Covered: Perform with control, Portray a story	Health and Fitness Key Skills Covered: Speed, Agility, Power and Strength, Developing resilience, Links to science curriculum	Athletics Key Skills Covered: Jumping, Running, Throwing, Agility	Sending and Receiving – Tennis / Sending and Receiving – Rounders Key Skills Covered: Striking (Bat/Racket), Throwing, Improving performance through reflection

<p>Y3/4 (B) (Following Year 3 lesson plans)</p>	<p>Linking Actions – Basketball</p> <p>Key Skills Covered: Agility, Coordination, Throwing, Passing, Positioning,</p>	<p>Gymnastics</p> <p>Key Skills Covered: Travelling, Jumping, Balancing, Rolling</p>	<p>Dance</p> <p>Key Skills Covered: Perform with control, Portray a story</p>	<p>Keeping Possession – Hockey</p> <p>Key Skills Covered: Passing, Dribbling, Space, Decision Making</p>	<p>Athletics</p> <p>Key Skills Covered: Jumping, Running, Throwing, Agility</p>	<p>Badminton / Sending and Receiving – Tennis</p> <p>Key Skills Covered: Striking (Bat/Racket), Throwing, Improving performance</p>
<p>Y5/6 (A) (Following Year 6 lesson plans)</p>	<p>Tactics and Strategies – Netball</p> <p>Key Skills Covered: Passing, Attacking/defending strategies, Transferable skills, Improving performance through reflection</p>	<p>Gymnastics</p> <p>Key Skills Covered: Jumping, rolling, balancing, Improving performance through reflection</p>	<p>Dance</p> <p>Key Skills Covered: Group performance, Expression, Dynamics, Improving performance through reflection</p>	<p>Creating and Closing Space – Football</p> <p>Key Skills Covered: Passing, Attacking/defending strategies, Transferable skills, Improving performance through reflection</p>	<p>Athletics</p> <p>Key Skills Covered: Running, jumping, throwing, Improving performance through reflection</p>	<p>Linking Actions – Cricket</p> <p>Key Skills Covered: Striking (Bat), Identify Space, Bowling, Improving performance through reflection</p>
<p>Y5/6 (B) (Following Year 5 lesson plans)</p>	<p>Tactics and Strategies – Basketball</p> <p>Key Skills Covered: Improving performance, Passing, Attacking/defending strategies, Transferable skills</p>	<p>Gymnastics</p> <p>Key Skills Covered: Jumping, rolling, balancing, reflection</p>	<p>Dance</p> <p>Key Skills Covered: Group performance, Expression, Dynamics</p>	<p>Tactics and Strategies – Hockey</p> <p>Key Skills Covered: Improving performance, Passing, Attacking/defending strategies, Transferable skills</p>	<p>Athletics</p> <p>Key Skills Covered: Running, jumping, throwing</p>	<p>Linking Actions – Tennis</p> <p>Key Skills Covered: Striking (racket), Identify Space to strike towards, Serving</p>