

# St Paul's Catholic Primary School



## **Nappy and Underwear Changing Policy**

Policy dated: February 2014

**St. Paul's Catholic Primary School**  
**Nappy and Underwear changing Policy**

**Statement of intent**

We wish to include all children in our setting and understand that children will arrive at St. Pauls Foundation at different stages in their development. This may mean that some children may still be in trainer pants. We work with parents towards toilet training, unless there are any medical or developmental reasons why this would be inappropriate. We also understand that young children are more often likely to have toileting accidents and as a result we are prepared to change a child during these times.

EYFS key themes and commitments

A Unique Child	Positive Relationships	Enabling Environments	Learning and Development
1.2 Inclusive practice 1.4 Health and well-being	2.2 Parents as partners 2.4 Key person	3.2 Supporting every child	

**When changing any child, St. Paul's will ensure that**

- Only a person with relevant police checks will change children's trainer pants or underwear.
- Children's pants or underwear will be changed in a private area which complies with Health, Hygiene and Safety regulations.
- Although this area is private, it is not a secret and the member of staff that will be changing the child can still be easily seen and heard by other members of staff.
- The Staff will wear clean disposable gloves and plastic aprons for each child.
- The child's privacy will be respected at all times during the changing process and wherever possible the child will be encouraged to be independent in the changing of their pants, underwear and clothing.

- Appropriate hand washing facilities will be available for the adult and the child and hands will be washed using bacterial soap and dried thoroughly after.
- Wet underwear will be bagged and returned to parents when the child is collected.

### **The following procedure will apply**

- Only a person with relevant police checks will change children's nappy.
- The staff member will ensure that they have a clean nappy, wipes and any other supplies needed before changing the child.
- The Staff will wear clean disposable gloves and a plastic apron.
- Adult to pull the steps down and hold firm with their foot.
- The child will be encouraged to climb onto the bed independently.
- The adult must not leave the child unattended.
- Remove the nappy and dispose in the bin provided.
- Clean the genital area front to back, using the wipes that are provided. Check the child's clothes to ensure there is no soiling.
- Put on a clean nappy and dress the child appropriately.
- Adult to pull the steps down and hold down with their foot for the child to climb down.
- Support the child when climbing down from the bed.
- The child will then be assisted to wash and dry their hands thoroughly.
- The adult will also wash and dry their hands thoroughly.

### **Cleaning the changing bed**

- After each change and at the end of the day, the changing bed should be washed thoroughly with detergent and warm water. Use a paper towel for cleaning and drying the surface.
- If faecal matter spills onto the changing bed, clean with detergent and warm water and dry with a paper towel.
- After cleaning the bed, wash and dry your hands and use alcohol gel to ensure thorough cleanliness.